

Beauty Therapy NVQ Diploma (QCF) - Massage Route

Week	Day	Subject	Notes	Contact Hours	Guided Study	Total Hours
Week 1	Day 1	Manicure and Pedicure	Theory	6	2	8
	Day 2	Manicure and Pedicure	Case studies and practice	6	2	8
Week 2	Day 1	Manicure and Pedicure	Case studies and practice	6	2	8
	Day 2	Manicure and Pedicure	Clients/models	6	2	8
Week 3	Day 1	Manicure and Pedicure - Assessment	Clients/models	6	2	8
	Day 2	Manicure and Pedicure - Assessment	Assessment	6	2	8
Week 4	Day 1	Facial	Theory and practical	6	2	8
	Day 2	Facial	Practical and theory	6	2	8
Week 5	Day 1	Facial & Lash & Brow	Practical	6	2	8
	Day 2	Facial & Lash & Brow	Refresh & revise	6	2	8
Week 6	Day 1	Facial - Assessesment	Clients/models	6	2	8
	Day 2	Facial - Assessesment	Clients/models	6	2	8
Week 7	Day 1	Practical	Assessments and practice in all subjects	6	2	8
	Day 2	Practical	Assessments and practice in all subjects	6	2	8
Week 8	Day 1	Practical	Assessments and practice in all subjects	6	2	8
	Day 2	L 2 Assessments	Final Assessments	6		6
Week 9	Day 1	Portfolio Submission	Oral Questions & cross referencing	6		6
	Day 2	IV Sign off		6		6
Week 10	Day 1	Body Massage (BM)	Theory	6	2	8
	Day 2	Body Massage	Practical	6	2	8
Week 11	Day 1	Body Massage	Theory	6	2	8
	Day 2	Body Massage	Refresh & revise	6	2	8
Week 12	Day 1	Body Massage	Clients/models	6	2	8
	Day 2	Body Massage	Clients/models	6	2	8
Homework		Give out Generic L3 ECU	Theory, client prep, H & S A &P		8	8
		2 x case studies over the weekend			6	6
Week 13	Day 1	Tanning (T)/BM Assessment	Theory and practical	6	2	8
	Day 2	BM Assessments/ Pre Blended Aromatherapy (PBA)	Practical and theory	6	2	8
Week 14	Day 1	Pre Blended Aromatherapy	Practical	6	2	8
	Day 2	Indian Head Massage (IHM)	Practical - give out ECU	6	2	8
Homework		Body Massage ECU			8	8
		Tanning & Preblended Aronma ECU			2	2
Week 15	Day 1	Indian Head Massage	Case studies and practice	6	2	8
	Day 2	BM, PBA, T, IHM	Theory and practical(clients)	6	2	8
Week 16	Day 1	Hot Stone Therapy	Theory & Practical	6	2	8
	Day 2	Hot Stone	Case studies and practice	6	2	8
Week 17	Day 1	BM. PBA, HS, IHM & T	Theory and practical(clients)	6	2	8
	Day 2	Portfolio & ECU Workshop	Case Studies and practice	6	2	8
Homework		Hot Stones			4	4
		G units - Promotional Activity			2	2
Week 18	Day 1	BM. PBA, HS, IHM & T	Theory and practical(clients)	6	2	8
	Day 2	BM. PBA, HS, IHM & T	Theory and practical(clients)	6	2	8
Week 19	Day 1	Final Paper and assessment	Assessments	6	2	8
	Day 2	Final Paper and assessment	Clients	6	2	8
Homework		Portfolio			6	6
Week 20	Day 1	Final Paper and assessment	Paper and assessments	6	2	8
	Day 2	L 2 Assessments		6		6
Week 21	Day 1	Portfolio Submission		6		6
	Day 2	IV Sign off		6		6
					Total Hours	360